



## НАВЧАЛЬНИЙ ЦЕНТР СПЕЦІАЛЬНОЇ ВІЙСЬКОВОЇ ПІДГОТОВКИ БОЯРСЬКОЇ ТЕРИТОРІАЛЬНОЇ ГРОМАДИ

Матеріали для індивідуального відпрацювання I рівня підготовки

1. Екіпування і Спорядження

<https://www.youtube.com/watch?v=4RCdBFahKkM>

[https://www.youtube.com/watch?v=-N8-QwC2\\_XY](https://www.youtube.com/watch?v=-N8-QwC2_XY)

2. Тактична медицина:

[https://www.youtube.com/watch?v=ctU6gdVqxUI&ab\\_channel=MARKUS](https://www.youtube.com/watch?v=ctU6gdVqxUI&ab_channel=MARKUS)

<https://www.youtube.com/watch?v=DGYPwFIXdeQ>

3. Орієнтування на місцевості:

<https://sprotyvg7.com.ua/lesson/topografiya-3-planuvannya-marshrutu-za-dopomogoyu-karti-video>

4. Саперно-мінна підготовка:

[https://www.tiktok.com/@ars\\_militaris/video/7331275784318881030?\\_r=1&t=8jZPNkg62bN&social\\_sharing=1](https://www.tiktok.com/@ars_militaris/video/7331275784318881030?_r=1&t=8jZPNkg62bN&social_sharing=1)

[https://www.tiktok.com/@ars\\_militaris/video/7330921330562419973?\\_r=1&t=8jZPPigFk3h&social\\_sharing=1](https://www.tiktok.com/@ars_militaris/video/7330921330562419973?_r=1&t=8jZPPigFk3h&social_sharing=1)

[https://www.tiktok.com/@volkcs.9832/video/7299533087690525957?\\_d=secCgYIASAHKAESPg\\_o8ifA76jDuVpBM4CoYSCKCOSIMiwCzWlc6LnahtUxLYeulj%2FvECC8Xl7mljJbSy4aU81CgQXiw4ixVf9HGgA%3D&\\_r=1&checksum=7218f79baa4722092f4698de40fbe26464f2145533de0bf486ee9febe78905fa&preview\\_pb=0&sec\\_user\\_id=MS4wLjABAAAfCPINox2iEcqnfz9oZnPOG8LOykXas7z49QWDVrdmloZWfKXOPb7Y3q802AcAeL&share\\_app\\_id=1233&share\\_item\\_id=7299533087690525957&share\\_link\\_id=fb826b26-d5ab-493b-811c-bc4399d01a08&sharer\\_language=uk&social\\_share\\_type=0&social\\_sharing=1&source=h5\\_m&timestamp=1707130073&u\\_code=dkkfk00ej07410&ug\\_btm=b3728%2Cb2001&ugbiz\\_name=Main&user\\_id=7010478811889075205&utm\\_campaign=client\\_share&utm\\_medium=android&utm\\_source=viber](https://www.tiktok.com/@volkcs.9832/video/7299533087690525957?_d=secCgYIASAHKAESPg_o8ifA76jDuVpBM4CoYSCKCOSIMiwCzWlc6LnahtUxLYeulj%2FvECC8Xl7mljJbSy4aU81CgQXiw4ixVf9HGgA%3D&_r=1&checksum=7218f79baa4722092f4698de40fbe26464f2145533de0bf486ee9febe78905fa&preview_pb=0&sec_user_id=MS4wLjABAAAfCPINox2iEcqnfz9oZnPOG8LOykXas7z49QWDVrdmloZWfKXOPb7Y3q802AcAeL&share_app_id=1233&share_item_id=7299533087690525957&share_link_id=fb826b26-d5ab-493b-811c-bc4399d01a08&sharer_language=uk&social_share_type=0&social_sharing=1&source=h5_m&timestamp=1707130073&u_code=dkkfk00ej07410&ug_btm=b3728%2Cb2001&ugbiz_name=Main&user_id=7010478811889075205&utm_campaign=client_share&utm_medium=android&utm_source=viber)

[https://www.tiktok.com/@ars\\_militaris/video/7330171245285133573?\\_d=secCgYIASAHKAESPg\\_o8bg9wj0NgumuutP19l3g3JtQulCkP7N4cDuDYof4LIMjO8e%2BnUtrR5wANpuiXlB25pCsRobri50b6d94GgA%3D&\\_r=1&checksum=a975f8cc553e7aa93b7bc1f573f7f590f6527036f79054dfc36380b6a86463bd&preview\\_pb=0&sec\\_user\\_id=MS4wLjABAAAfCPINox2iEcqnfz9oZnPOG8LOykXas7z49QWDVrdmloZWfKXOPb7Y3q802AcAeL&share\\_app\\_id=1233&share\\_item\\_id=7330171245285133573&share\\_link\\_id=20e43c80-4db8-43b1-b4f9-a28a9827912b&sharer\\_language=uk&social\\_share\\_type=0&social\\_sharing=1&source=h5\\_m&timestamp=1706950417&u\\_code=dkkfk00ej07410&ug\\_btm=b3728%2Cb2001&ugbiz\\_name=Main&user\\_id=7010478811889075205&utm\\_campaign=client\\_share&utm\\_medium=android&utm\\_source=viber](https://www.tiktok.com/@ars_militaris/video/7330171245285133573?_d=secCgYIASAHKAESPg_o8bg9wj0NgumuutP19l3g3JtQulCkP7N4cDuDYof4LIMjO8e%2BnUtrR5wANpuiXlB25pCsRobri50b6d94GgA%3D&_r=1&checksum=a975f8cc553e7aa93b7bc1f573f7f590f6527036f79054dfc36380b6a86463bd&preview_pb=0&sec_user_id=MS4wLjABAAAfCPINox2iEcqnfz9oZnPOG8LOykXas7z49QWDVrdmloZWfKXOPb7Y3q802AcAeL&share_app_id=1233&share_item_id=7330171245285133573&share_link_id=20e43c80-4db8-43b1-b4f9-a28a9827912b&sharer_language=uk&social_share_type=0&social_sharing=1&source=h5_m&timestamp=1706950417&u_code=dkkfk00ej07410&ug_btm=b3728%2Cb2001&ugbiz_name=Main&user_id=7010478811889075205&utm_campaign=client_share&utm_medium=android&utm_source=viber)

[https://www.tiktok.com/@ars\\_militaris/video/7330171245285133573?\\_d=secCgYIASAHKAESPg\\_o8bg9wj0NgumuutP19l3g3JtQulCkP7N4cDuDYof4LIMjO8e%2BnUtrR5wANpuiXlB25pCsRobri50b6d94GgA%3D&\\_r=1&checksum=a975f8cc553e7aa93b7bc1f573f7f590f6527036f79054dfc36380b6a86463bd&preview\\_pb=0&sec\\_user\\_id=MS4wLjABAAAfCPINox2iEcqnfz9oZnPOG8LOykXas7z49QWDVrdmloZWfKXOPb7Y3q802AcAeL&share\\_app\\_id=1233&share\\_item\\_id=7330171245285133573&share\\_link\\_id=20e43c80-4db8-43b1-b4f9-a28a9827912b&sharer\\_language=uk&social\\_share\\_type=0&social\\_sharing=1&source=h5\\_m&timestamp=1706950417&u\\_code=dkkfk00ej07410&ug\\_btm=b3728%2Cb2001&ugbiz\\_name=Main&user\\_id=7010478811889075205&utm\\_campaign=client\\_share&utm\\_medium=android&utm\\_source=viber](https://www.tiktok.com/@ars_militaris/video/7330171245285133573?_d=secCgYIASAHKAESPg_o8bg9wj0NgumuutP19l3g3JtQulCkP7N4cDuDYof4LIMjO8e%2BnUtrR5wANpuiXlB25pCsRobri50b6d94GgA%3D&_r=1&checksum=a975f8cc553e7aa93b7bc1f573f7f590f6527036f79054dfc36380b6a86463bd&preview_pb=0&sec_user_id=MS4wLjABAAAfCPINox2iEcqnfz9oZnPOG8LOykXas7z49QWDVrdmloZWfKXOPb7Y3q802AcAeL&share_app_id=1233&share_item_id=7330171245285133573&share_link_id=20e43c80-4db8-43b1-b4f9-a28a9827912b&sharer_language=uk&social_share_type=0&social_sharing=1&source=h5_m&timestamp=1706950417&u_code=dkkfk00ej07410&ug_btm=b3728%2Cb2001&ugbiz_name=Main&user_id=7010478811889075205&utm_campaign=client_share&utm_medium=android&utm_source=viber)

[https://www.tiktok.com/@ars\\_militaris/video/7330171245285133573?\\_d=secCgYIASAHKAESPg\\_o8bg9wj0NgumuutP19l3g3JtQulCkP7N4cDuDYof4LIMjO8e%2BnUtrR5wANpuiXlB25pCsRobri50b6d94GgA%3D&\\_r=1&checksum=a975f8cc553e7aa93b7bc1f573f7f590f6527036f79054dfc36380b6a86463bd&preview\\_pb=0&sec\\_user\\_id=MS4wLjABAAAfCPINox2iEcqnfz9oZnPOG8LOykXas7z49QWDVrdmloZWfKXOPb7Y3q802AcAeL&share\\_app\\_id=1233&share\\_item\\_id=7330171245285133573&share\\_link\\_id=20e43c80-4db8-43b1-b4f9-a28a9827912b&sharer\\_language=uk&social\\_share\\_type=0&social\\_sharing=1&source=h5\\_m&timestamp=1706950417&u\\_code=dkkfk00ej07410&ug\\_btm=b3728%2Cb2001&ugbiz\\_name=Main&user\\_id=7010478811889075205&utm\\_campaign=client\\_share&utm\\_medium=android&utm\\_source=viber](https://www.tiktok.com/@ars_militaris/video/7330171245285133573?_d=secCgYIASAHKAESPg_o8bg9wj0NgumuutP19l3g3JtQulCkP7N4cDuDYof4LIMjO8e%2BnUtrR5wANpuiXlB25pCsRobri50b6d94GgA%3D&_r=1&checksum=a975f8cc553e7aa93b7bc1f573f7f590f6527036f79054dfc36380b6a86463bd&preview_pb=0&sec_user_id=MS4wLjABAAAfCPINox2iEcqnfz9oZnPOG8LOykXas7z49QWDVrdmloZWfKXOPb7Y3q802AcAeL&share_app_id=1233&share_item_id=7330171245285133573&share_link_id=20e43c80-4db8-43b1-b4f9-a28a9827912b&sharer_language=uk&social_share_type=0&social_sharing=1&source=h5_m&timestamp=1706950417&u_code=dkkfk00ej07410&ug_btm=b3728%2Cb2001&ugbiz_name=Main&user_id=7010478811889075205&utm_campaign=client_share&utm_medium=android&utm_source=viber)

[https://www.tiktok.com/@ab3iss/video/7302800124667825414?\\_d=secCgYIASAHKAESPgo86TuI9%2FNhWku3Ec2Cqn%2B9Ora%2FdNyTNAK%2BoNEnrOQYTYJKu6pM75mz29RALQquoSvejDiNEVH3td%2FWj05EGgA%3D&r=1&checksum=fe60568b02325e2f32af6a41ab92c7e3757e8eba949c3b0c2266087ef30aab83&preview\\_pb=0&sec\\_user\\_id=MS4wLjABAAAfCPINox2iEcxqnFz9oZnPOG8LOyKXas7z49QWDVrdmloZWfKXOPb7Y3q802AcAeL&share\\_app\\_id=1233&share\\_item\\_id=7302800124667825414&share\\_link\\_id=0b6ae5c0-a1eb-43a3-849e-5b5e147af141&sharer\\_language=uk&social\\_share\\_type=0&social\\_sharing=1&source=h5\\_m&timestamp=1707130319&u\\_code=dkkfk00ej07410&ug\\_btm=b3728%2Cb2001&ugbiz\\_name=Main&user\\_id=7010478811889075205&utm\\_campaign=client\\_share&utm\\_medium=android&utm\\_source=viber](https://www.tiktok.com/@ab3iss/video/7302800124667825414?_d=secCgYIASAHKAESPgo86TuI9%2FNhWku3Ec2Cqn%2B9Ora%2FdNyTNAK%2BoNEnrOQYTYJKu6pM75mz29RALQquoSvejDiNEVH3td%2FWj05EGgA%3D&r=1&checksum=fe60568b02325e2f32af6a41ab92c7e3757e8eba949c3b0c2266087ef30aab83&preview_pb=0&sec_user_id=MS4wLjABAAAfCPINox2iEcxqnFz9oZnPOG8LOyKXas7z49QWDVrdmloZWfKXOPb7Y3q802AcAeL&share_app_id=1233&share_item_id=7302800124667825414&share_link_id=0b6ae5c0-a1eb-43a3-849e-5b5e147af141&sharer_language=uk&social_share_type=0&social_sharing=1&source=h5_m&timestamp=1707130319&u_code=dkkfk00ej07410&ug_btm=b3728%2Cb2001&ugbiz_name=Main&user_id=7010478811889075205&utm_campaign=client_share&utm_medium=android&utm_source=viber)

[https://www.tiktok.com/@ars\\_militaris/video/7328810175475830022?\\_d=secCgYIASAHKAESPgo8pipYNUvSmxWzY3RhpNLbPkUM4wrx5v5g6PXmCgqiDWUpiBB%2ByQy%2BWD2F6gNkOAen8fI78eJuBIGbLlc5GgA%3D&r=1&checksum=b736e9c6c1c5a63cea9d01440418796db69768dccec6bee35ab14e0cbd97894d&preview\\_pb=0&sec\\_user\\_id=MS4wLjABAAAfCPINox2iEcxqnFz9oZnP OG8LOyKXas7z49QWDVrdmloZWfKXOPb7Y3q802AcAeL&share\\_app\\_id=1233&share\\_item\\_id=7328810175475830022&share\\_link\\_id=168c399f-61fd-4b9e-b09a-3bf7b84e690f&sharer\\_language=uk&social\\_share\\_type=0&social\\_sharing=1&source=h5\\_m&timestamp=1707130358&u\\_code=dkkfk00ej07410&ug\\_btm=b3728%2Cb2001&ugbiz\\_name=Main&user\\_id=7010478811889075205&utm\\_campaign=client\\_share&utm\\_medium=android&utm\\_source=viber](https://www.tiktok.com/@ars_militaris/video/7328810175475830022?_d=secCgYIASAHKAESPgo8pipYNUvSmxWzY3RhpNLbPkUM4wrx5v5g6PXmCgqiDWUpiBB%2ByQy%2BWD2F6gNkOAen8fI78eJuBIGbLlc5GgA%3D&r=1&checksum=b736e9c6c1c5a63cea9d01440418796db69768dccec6bee35ab14e0cbd97894d&preview_pb=0&sec_user_id=MS4wLjABAAAfCPINox2iEcxqnFz9oZnP OG8LOyKXas7z49QWDVrdmloZWfKXOPb7Y3q802AcAeL&share_app_id=1233&share_item_id=7328810175475830022&share_link_id=168c399f-61fd-4b9e-b09a-3bf7b84e690f&sharer_language=uk&social_share_type=0&social_sharing=1&source=h5_m&timestamp=1707130358&u_code=dkkfk00ej07410&ug_btm=b3728%2Cb2001&ugbiz_name=Main&user_id=7010478811889075205&utm_campaign=client_share&utm_medium=android&utm_source=viber)

5. Вогнева підготовка:

<https://sprotyvg7.com.ua/lesson/pravilne-povodzhennya-zi-zbroyeyu-polozhennya-lezhachi>  
<https://sprotyvg7.com.ua/lesson/pravilne-povodzhennya-zi-zbroyeyu-polozhennya-sidyachi-ta-stoyachi>  
<https://sprotyvg7.com.ua/lesson/pravilne-povodzhennya-zi-zbroyeyu-polozhennya-dlya-strilbi-z-kolina>

6. Зв'язок

[https://www.youtube.com/watch?v=wlccDPoAz6Y&ab\\_channel=%D0%A1%D0%B2%D1%96%D0%B4%D0%BE%D0%BA](https://www.youtube.com/watch?v=wlccDPoAz6Y&ab_channel=%D0%A1%D0%B2%D1%96%D0%B4%D0%BE%D0%BA)  
[https://www.youtube.com/watch?v=uMW5YINAWvs&ab\\_channel=CombatRaccoon](https://www.youtube.com/watch?v=uMW5YINAWvs&ab_channel=CombatRaccoon)